

Soul Lightening® Acupressure



Introductory Class to Acupressure

Self-Care & Others

Continuing Education: 12 Hours for MT
Group Rates available- contact instructor



National Certification Board for
Therapeutic Massage and
Bodywork. All courses approved
for continuing education.
Provider # 450354-07

Registration Information

Instructor: Alvina Quatrano, L.M.T.

Location: Live Class Naples FL

Investment: \$295.00

Group rates available

**Contact Instructor to
Register** Phone:

732-266-5276

alvinaq@me.com

AOHMassage.com



This introductory workshop is designed to give a broad overview of the scope and practice of Soul Lightening Acupressure.

It is ideal for individuals who wish to know more about our programs, are interested in learning a gentle and powerful acupressure technique for balancing and harmonizing, body, mind, and spirit.

Previous bodywork experience is recommended, but not required.

In this two-day workshop, you will learn :

- The healing and transforming power of Soul Lightening Acupressure
- Enjoy many opportunities to exchange bodywork, practice techniques to use for self-care and with others, and
- Take home skills you can use immediately in your practice.



Foundation Certification

Check out the entry level of our professional certification program!

Only two required courses:

Process Acupressure 1: Foundations

Clinical Acupressure 1: Basic Applications

Visit us at: **www.SoulLightening.org**

Massage Therapy: NCBTMB approved for 12 contact hours

Register: <https://aohmassage.com/project/introduction-to-soul-lightening-acupressure/>